

La Sierra and Martin Luther King High Schools
Welcome You to the 4th Annual

RIVERSIDE SHOWCASE

CROSS COUNTRY INVITATIONAL

SATURDAY, SEPTEMBER 1, 2018

We cordially invite you to take part in the 4th running of the Riverside Showcase at the Riverside City Championship Cross Country Course, site of the 2016 and 2017 CIF-SS Prelims and Finals.

We hope this meet serves as a good, early season indicator of where your team is developmentally AND as an opportunity to promote the sport of cross country within the Inland Empire and beyond.

CONTACT: For questions and information, contact John Corona or Will Jacobsmeyer, the meet directors.

JOHN CORONA
CO-MEET DIRECTOR
KING HIGH SCHOOL
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951-789-5690-ext. 62028

WILL JACOBSMEYER (Ret.)
CO-MEET DIRECTOR
LA SIERRA HIGH SCHOOL
coachj11@aol.com

DATE AND TIME – First race starts at 7:30 AM

LOCATION – 1101 Orange Street, Riverside. (Corner of Orange and Columbia) [Online Map](#)

COURSE DISTANCE – 2.25 Miles

DIVISIONS – Large Schools and Small Schools. Boys/Girls Varsity, JV, Soph-Frosh. 12 races on the day

SCHEDULE OF RACES

<u>Race/Div</u>	<u>Gender</u>	<u>Level</u>	<u>Approx. Time</u>
1LS	Boys	JV	7:30 am
2LS	Girls	JV	7:55 am
3LS	Boys	FS	8:20 am
4LS	Girls	FS	8:45 am
5LS	Boys	V	9:10 am
6LS	Girls	V	9:35 am
7SS	Boys	V	10:05 am
8SS	Girls	V	10:30 am
9SS	Boys	FS	10:55 am
10SS	Girls	FS	11:15 am
11SS	Boys	JV	11:35 am
12SS	Girls	JV	11:55 am

AWARDS – Medals will awarded according to the number of entrants in each race. This total could be adjusted depending on final entries. There will be no team scoring or team awards.

ENTRY FEES - \$50 a team per gender, per level. Maximum payment is \$300 per school. Individuals are \$15 each.

Make your check payable to MARTIN LUTHER KING HIGH SCHOOL.

Payment is due on race day. No late checks will be accepted. Coaches will be required to pay with a personal check if the school check is “in the mail.”

Mail payment to:
King High School
C/O Cross County Booster Club, Brad Peters
9301 Wood Road
Riverside, CA 92508

TIMING – <http://www.finishedresults.com> chip timing. Coaches are responsible to return all timing chips at the end of the meet. Schools will be billed for the cost of each missing timing chip.

DECLARATIONS/REGISTRATION – Intent to compete is due August 12 on finishedresults.com. Registration must be completed by August 26 on finishedresults.com.

On the finishedresults.com website, click on “schedule” and search for “Riverside Showcase”, then “Team Entry”

Registering what level your athletes will be competing in is NOT necessary. The registration process will make it appear as if all of your runners are “varsity” but that isn’t the case. Just get your names in and you’re good to go.

PARKING – Team parking is off of Orange Street, just south of the fire station. Parking for spectators is \$10 cash only. Limited parking is available at Reid Park, north of the fire station.

BUS DROP OFF INSTRUCTIONS – Buses will be directed by meet personnel to arrive at the course coming SOUTH on Orange from Commerce street. Unloading of athletes will take place in the clubhouse parking lot. Athletes will enter the course from a gate adjacent to the Clubhouse, just as is done in CIF competition.

FACILITIES – The course is a wide open dirt course with minimal shade. It is spectator friendly. Canopies and tarps are a necessity for teams. There is a team camp area with a warmup area nearby. Portable toilets will be on site for athletes and spectators alike. Vendors and concessions will be available.

COACHES CHECK-IN – Coaches check-in will be at the team entrance area near the southeast corner of the clubhouse. Pick up your packets and timing chips at that time. Coffee and donuts will be available for coaches.

TRAINER -- The athletic trainers will be located near the finish line for distressed runners. Please bring your own tape and pre-wrap if needed.