

# faithFULL kingXC 2016

September 13, 2016

What a great start to a "faithFULL" season. Between the Cool Breeze Invitational in Pasadena and the Lowell Invitational held in San Francisco it truly shows the King Cross Country team is "faithfully" embracing the sport. Working hard each day, learning to have faith in the journey, the process, the workouts ... it's all part of the deal. Hard, but rewarding! We're hoping to be "FULL" up on those rewards by December!

**The Woodbridge Invitational**, on September 18<sup>th</sup>, is one of the biggest and most competitive invitationals in the country! We will be racing in the afternoon and evening. We are in the "blue" division. Parents, it is located in Norco at the Silverlake Soccer complex. There will be thousands of people at this meet throughout the day. Be sure to give at least 2 hours before race time to navigate the crowds, park and get to the King canopies. Parking in the complex is \$15 cash.

Our next **Booster Club Meeting** will be held on Tuesday, September 20<sup>th</sup> in Coach Peters' room, G-123, from 7:00PM to 8:00PM. All parents are welcome to participate.

The first **Big 8 League Meet** is right around the corner. It is on Thursday, September 22 at Andulka Park in Riverside. The meet **will start at 2:30 PM** and King is the host!

In place of a long run, on Saturday, October 1<sup>st</sup>, the team will be running the **Hometown Heroes 5k/10k race**. It is a race dedicated to families of injured or fallen officers; the best of the best who have faithfully served our community. It will be held at the Arlington Sports Complex in Riverside at the corner of Van Buren and Victoria.

We encourage all runners to sign up, but since there is a cost involved, it is not required. Red and Blue groups should sign-up for the 10k. Silver and White groups should sign-up for the 5k. 10k will start at 7AM. 5k will start at 8AM. Packet pick up is Friday, September 30<sup>th</sup> between 4:30PM and 7:00PM at Bethel Christian School located at 2425 Van Buren Blvd, Riverside.

To register, go to <http://hometownheroesrun.com/event/> -click "Run Riverside Challenge" link at top and then click "hometown hero run" link. **On our website is a code to use to receive a \$10 discount by this Friday.**

## Reminders

We have a good opportunity to make money for our program by manning the parking lot during cross country meets. The lot needs people 18 years or older to collect money and direct traffic. If you can help, head over to [kingcrosscountry.com](http://kingcrosscountry.com) to sign-up. Please email Coach Corona if you have any questions regarding this at [jcorona@rusd.k12.ca.us](mailto:jcorona@rusd.k12.ca.us)

### Fundraising- Please do your part!

Each season we are faced with the prospect that a program like ours is NOT fully funded by the school or the RUSD. While some funding is provided, we are left FAR SHORT of what it actually costs to have a canopy banner, banquet yearbook, coaches, awards, invitational fees paid, travel expenses, drinks and water at practice, awards, websites and much more. NONE of these things are fully funded by the school or district.

So, we need all athletes to participate in our fundraising, and we humbly ask that each of you raise a minimum of \$125 toward the financial necessities of the season. Each season, it costs approximately \$8,000 - \$10,000 to fund our season, all of which we have to raise on our own.