

RELAY RULES

About once a year, there is an issue with illegal relay teams in SMSC with respect to ageing up swimmers. We tend to ignore our relay rules through most of the summer, yet they do exist in our by-laws and technically they do apply to our regular meets. Team Manager software also complicates this by allowing any sort of “age-up” relay team.

When championships arrive and the competition is turned up a notch we usually do enforce this rule, and it can affect team placing.

Our entry rules are listed below- please make a special note of items 3 and 4 when making your relay teams for the championships. **You can only age up one age group and you can only age up two swimmers.** (Remember Hy-Tek’s age up feature is “anything goes”, and does not follow SMSC rules).

I. SOUTHEAST MISSOURI SWIM CONFERENCE RULEBOOK/MEET PROCEDURES

B. ENTRIES

1. Each swimmer is limited to 3 individual events and 2 relays for the Conference Championship and Championship Meet. Swimmers must swim in their respective age category in individual events.
2. Each swimmer is limited to 5 events total, which can be either individual events or relays in all regular season SMSC swim meets.
3. **A swimmer may compete one age group higher on a relay with a limit of two swimmers moving into that age group relay.**
4. **A swimmer may compete in two age groups for the same relay as long as the two relay limit is not exceeded.**