

URI Girls' Youth Lacrosse Camp



University of Rhode Island

Club Sports- Lacrosse

In cooperation with: Local RI Youth Programs

urilacrosse@hotmail.com

YOUTH DAY CAMP

AUG. 3-7, 2009 430pm-7pm

Rain day Aug 8th

Grades: 2nd-8th

With a focus on low camper to coach ratio, we teach them the differences between individual skills, fundamentals and team skills and how each skill set supports the other. We teach them how the foundation to all their skills and talents starts with the intangibles such as hustle, heart, effort and commitment. Finally, we teach them how small adjustments to their current skills can make a big difference to their game. Not every player is going to be an All-American or make the pro ranks but they can all feel the personal pride when they reach their potential. This camp will help them on their way. The camp is structured both by age groups and ability in order to optimize learning opportunities and practice time. Each day campers will receive individual and group instruction on various aspects of lacrosse. The NKHS Girls Lacrosse players will be on hand as coaches to work closely with each camper.

CAMP STAFF

Steve Alviti

Head Coach: URI Men's Lacrosse

Coach Alviti started coaching lacrosse in 1978, at Assumption College following his playing career at Worcester Polytech. He has played and coached at the club level for many years, most recently as assistant director of the North Kingstown Youth Program and coach of the U-15 girls team.

Gina Alviti

Head Coach: NK Youth Girls Lacrosse

Gina Alviti has been a player and coach for 6 years now. She played Varsity Girls lacrosse for North Kingstown High School throughout her 4 years there. During the spring of 2007 she assisted her father in coaching the Girls U-15 team in North Kingstown. She has been the head coach of the U-15 Girls team for the past two spring seasons. Gina also organized and coached a Girls youth Clinic in Jamestown RI last summer to get more girls interested in the game.

NKHS Girls Lacrosse Players

NKHS Girls lacrosse players will be the camp coaches and teachers. All of the girls that will be attending have played or are currently playing for North Kingstown High School. Some are also players on the Metacomets, a premiere Girls lacrosse team that travels to tournaments through the summer.

FOR ADDITION INFORMATION

Steve Alviti: urilacrosse@hotmail.com

Gina Alviti: Lax_gma88@yahoo.com

Gary Friedmann nklaxcoachgary@cox.net

FEES & EQUIPMENT

\$100 per girl for the five one-half day camp session

REQUIRED EQUIPMENT EACH GIRL MUST BRING WITH HER TO
THE CAMP:

Stick, Goggles & mouthguard. Rentals are available upon request

REGISTER ONLINE AT:

urilacrosse.com

CANCELLATIONS

\$50 is nonrefundable for GIRLS camp for any reason

Before July 18, 2008, please send all requests to

Gary Friedmann nklaxcoachgary@cox.net

After July 18, 2008 NO REFUNDS for any reason

DIRECTIONS

Plains Road, Kingston RI, 02881

From the North

Take I-95 South

Take Exit #9 a Left exit to route 4 South towards
Newport/South County

Merge onto RI-4 South

Take Exit #5B Route 102 towards Exeter

Take a Left at the first traffic light onto South County Trail -
Route 2

Follow route 2 for approximately 7 miles

Take a left at the traffic light onto route-138E/Kingstown Rd.

At your second traffic light take a left onto Plains Rd. After
you pass a few houses on your right you will see your first big
open field where the lacrosse field is located.

From the South

Take 95 North

Get off at exit #3A Route 138 West towards Kingston and
Newport

Follow Route RI-138E/Kingstown Rd. for approximately 8
miles

Take a Left onto Plains Rd. After you pass a few houses on
your right you will see your first big open field where the
lacrosse field is located.