



THE BOMBERS/PITCHING FIX WINTER BASEBALL CLINIC IS GOING TO BE HELD ON THE FOLLOWING SATURDAYS FROM 2-6PM:

DECEMBER 5TH, 12TH, 19TH

JANUARY 23RD, 30TH

FEBRUARY 6TH

MARCH 6TH AND 13TH

PLAYERS WILL BE DIVIDED INTO GROUPS FOR INSTRUCTION ON FIELDING AND HITTING. THE STAFF INCLUDES HEAD HIGH SCHOOL BASEBALL COACH RON JORDAN Jr. (Newton South). COACH JORDAN BRINGS HIS COACHING STAFF ALONG WITH CURRENT COLLEGIATE PLAYERS SO THAT EACH PLAYER CAN EXPERIENCE TOP-NOTCH INSTRUCTION WITH A SMALL STUDENT/TEACHER RATIO. THIS YEARS GUEST SPEAKER WILL BE FORMER CALIFORNIA ANGEL AND FORMER RED SOX HITTING INSTRUCTOR JOHN DOHERTY. COACH DOHERTY DURING HIS PLAYING CAREER CAUGHT THE LEGENDARY NOLAN RYAN.

What the clinic has to offer....

The staff of BOMBERS/PITCHING FIX winter clinics take pride in our instructional skills as well as our reasonable prices for our services. The cost of the winter long HITTING/FIELDING CLINIC, which includes a clinic T-shirt is just \$175.00. There will also be a \$20 discount for 2 or more family members and past participants of the clinic. The staff will also provide four scholarships for Newton residents. To sign up , just go to: WWW.PITCHINGFIX.COM where you can pay by credit card, or fill out a registration form online and mail to :

Bombers Baseball Clinic
6 Pilling Road
Wilmington MA 01887

*Make checks payable to Bombers
Baseball/Pitching Fix

Any questions, please feel free to contact:
Ron Jordan (781) 913-3770
Email:

www.eastbostonbombers.com

WINTER CLINIC OBJECTIVES:

That all participants:

1. Leave the program realizing their potential.
2. Receive knowledgeable instruction and individual attention.

INSTRUCTION WILL COVER

* Hitting Techniques *Fielding Techniques

*REGISTER NOW
online AT:
WWW.PITChingfix.com*

BOMBERS /
PITCHING
FIX
WINTER
BASEBALL
HITTING /
FIELDING
CLINIC
AGES 5-16

s a t u r d a y s
2 - 6 p
N e w t o n
S o u t h
H i g h
s c h o o l

B E G I N S
S a t u r d a y
D E C E M B E R
5 T H ! ! ! ! !



Each participant will have access to the following...

- *45 Minute fielding session.
- *45 Minute hitting session (Minimum 75 swings per session).
- *Video analysis using MOTION PRO software.
- *Guest speakers.
- *End of session report card detailing strengths/weaknesses and how to "FIX" them.

"Although indoor hitting instruction with large groups can be difficult, we offer the most innovative ways to get our students quality swings in a short amount of time. Students get quality 75-100 swings in every session."
-Coach Jordan-



STAFF DIRECTORS

GARDY O'FLYNN- COACH O'FLYNN JUST COMPLETED HIS SEVENTH SEASON AT IPSWICH HS. OFLYNN PITCHED 6 PROFESSIONAL SEASONS FOR THE TEXAS RANGERS. HE IS A CERTIFIED PITCHING COACH WITH THE NATIONAL PITCHING ASSOCIATION AS WELL AS RDRBI (ROD DEDEAUX RESEARCH AND BASEBALL INSTITUTE)). MANY OF HIS FORMER PLAYERS HAVE GONE ON TO PLAY IN COLLEGE.. IN 2006, PITCHER MATT SMALL WAS DRAFTED IN THE 14TH ROUND BY THE ATLANTA BRAVES OUT OF IPSWICH HIGH SCHOOL.

RON JORDAN JR.- COACH JORDAN JUST COMPLETED HIS SECOND SEASON AT NEWTON SOUTH HS. COACH JORDAN HAS BEEN INVOLVED IN YOUTH AND AMATEUR BASEBALL FOR OVER TWENTY YEARS. HIS TESTA CORP. BOMBERS OF THE INTERCITY LEAGUE HAVE ADVANCED TO THE SEMI-FINALS IN EACH OF THE PAST TWO SEASONS. THE ROSTER INCLUDES PLAYERS FROM HARVARD, BENTLEY, HOLY CROSS, TRINITY, UNIV. OF TAMPA AND SIENA.

BREAKDOWN OF A TYPICAL DAY AT THE CLINIC

(Subject to change)

2-230 STRETCH/ TALK OF DAY

230-315 BREAKDOWN/ HITTING AND
FIELDING GROUPS

330-415 REVERSE GROUPS

430-530 GAME PLAY ALONG WITH
VIDEO ANALYSIS

530-6P BREAKDOWN

Player's Name _____

Age _____ Grade _____ T-shirt size _____

Emergency Contact Name

NUMBER

EMAIL :

Medical Insurance Company and I.D. Number

I understand and accept the condition that Gardy O'Flynn, Ron Jordan, or anyone associated with Bombers Baseball or Pitching Fix Clinics will NOT assume any responsibility for accidents and/or medical/dental expenses resulting from participation in this program. The applicant is in good health and able to participate in the physical activity. I hereby authorize the director and staff of Bombers Baseball / Pitching Fix to act for me according to their best judgment in any emergency requiring medical attention.

Parent/Guardian Signature

Register online at:

WWW.PITCHINGFIX.COM