



Lake Zurich Lacrosse Club

Girls' Welcome Letter

September 25, 2009

Dear Lake Zurich High School Student:

Welcome to the Lake Zurich Lacrosse Club! The Lake Zurich Lacrosse Club was established in 2002 to develop, support, and promote the sport of lacrosse in the Lake Zurich area as well as provide Lake Zurich High School (LZHS) students with the opportunity to play competitive lacrosse at the high school level. In 2006, we started the girls' lacrosse program and joined the Illinois High School Women's Lacrosse Association (IHSWLA) as the 33rd girls' high school lacrosse program. There are currently 40 girls' high school lacrosse programs in Illinois.

We are very excited about the upcoming 2010 Spring Lacrosse Season! This season will be our fifth year of competition and we will have three girls' teams including Varsity, Junior Varsity, and Freshmen. The ideal roster size for each team will be 20 players. Team practices will begin in early March, 2010 and games will begin in April, 2010. Also, we are very excited to announce that Jennifer Ventrelle, Mathematics teacher at Lake Zurich High School (LZHS), Laura Cohen, Science teacher at LZHS, Laurel Carver, Mathematics teacher at LZHS, and Julie Bryniczka, Mathematics teacher at LZHS are returning to coach.

Fall/Winter Indoor

Lakeshore Lacrosse will be running fall/winter indoor lacrosse programs at the Libertyville Sports Complex and Kits beginning mid-November, 2009 through the end of February, 2010. Visit their website at www.lakeshorelacrosse.com for more information.

If you are not participating in a winter high school sport, we strongly encourage you to sign up and take advantage of these programs. Register early as these programs will fill up fast and are being offered on a first come first serve basis.

Player Team Meeting

There will be a Team Meeting held on Thursday, October 15, 2009 from 3:30 PM to 4:30 PM in the library at Lake Zurich High School. All students interested in playing lacrosse in the spring of 2010 must attend.

Player and Parent Registration Meeting

Registration for the 2010 Spring Lacrosse Season will be held on Thursday, January 21, 2010 from 7:00 PM to 9:00 PM in the Lake Zurich High School cafeteria. Additional information regarding this meeting will be sent in early January, 2010.

Player's Fees and Equipment

Lacrosse is recognized by LZHS as a club sport. We receive no formal funding from the school. The cost of fielding the lacrosse team is based primarily on player's fees and fundraising. For the 2010 Spring Lacrosse Season, player's fees are \$450 and are due by January 31, 2010. Also, each player is required to participate in team fundraising activities. Scholarships are available for financial hardships. For more information, contact us at scholarships@lzlacrosseclub.com.

Player's fees generally cover the following team expenses: coaches' salaries, uniforms, equipment including goals and nets, transportation, referees, field maintenance, indoor practices, insurance, athletic trainers, and league fees. However, these fees do not cover the player's personal equipment, which includes a lacrosse stick, goggles/eyewear, shoes, and mouth guard. We estimate this equipment cost to be \$100 to \$150.

Online Pre-Registration Process

We are anticipating record enrollment for the 2010 season. The total number of players signing up will determine if we will expand the number of teams offered and hire additional coaches. Thus, in an effort to plan ahead we are requesting all participants to pre-register online starting today.

Go to the home page at www.lzlacrosseclub.com and select the "Registration" link which will take you to the Registration section. In the Registration section, select the "Online Registration Form" and enter player contact information. This online pre-registration process does not obligate you to pre-pay the player's fees.

Advance Payment and Discount Offer

We are offering a \$50 discount off the \$450 player's fee, if you pre-register online above and pay the reduced player fee of \$400 online using a credit card by November 30, 2009.

Go to the home page at www.lzlacrosseclub.com and select the "Registration" link which will take you to the Registration section. In the Registration section, scroll down the page to "Online Registration Payment – Girls" and follow instructions to enter credit card information using *Google Checkout* to pay the \$400 player's fee.

If you have any questions or would like additional information, please contact me at dkintzer@lzlacrosseclub.com or (847) 726-7153. Also, visit our web site at www.lzlacrosseclub.com for more information about the Lake Zurich Lacrosse Club. On behalf of the Parents' Advisory Board, we thank you for your continued support!

Best lacrosse regards,

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