

## Los Alamitos High School 2011-2012 Wrestling Schedule

3591 Cerritos Ave  
Los Alamitos, CA 90720  
(562) 799-4780 Ext 82105  
Fax: (562) 799-4798

League: Sunset  
Mascot: Griffin  
Colors: Blue, Red, White, Gold

Principal: Grant Litfin  
Athletic Director: Richard Smith  
Head Coach: Kenny Torres  
email: ktorres@losal.org

Day	Date	Opponent	Location	Team	Time*
Sat	5-Nov	Team Picnic	Rush Park	All	12:00-4:00
Mon	14-Nov	Official Practice Begins	1st Practice 1:30-4:00	2nd Practice 3:30-6:00	
Sat	26-Nov	Irvine Scrimmage	Irvine H.S.	All Levels	9:30am
Fri	2-Dec	Millikan Duals	Millikan H.S.	Var A/B, JVA/B	2:00pm
Sat	3-Dec	Millikan Duals			9:00am
Tue	6-Dec	Lakewood	Lakewood H.S.	JV	3:15pm
Wed	7-Dec	<b>Santa Margarita, Villa Park</b>	<b>Los Alamitos</b>	Var, JV, F/S	3:00pm
Sat	10-Dec	Andrew Pena Classic	Irvine H.S.	Var A	10:00am
Tue	13-Dec	Lakewood	Lakewood H.S.	F/S	3:15pm
Wed	14-Dec	<b>Lakewood</b>	<b>Los Alamitos</b>	Var, JV, F/S	5:00pm
Sat	17-Dec	Villa Park Fish Fry	Villa Park H.S.	JV	9:30am
Wed	21-Dec	Mann Classic	Marina H.S.	Var	10:30am
Thu	22-Dec				10:00am
Thu	29-Dec	North Torrance TOC	Artesia H.S.	Var	10:00am
Fri	30-Dec				9:00am
Winter Vacation - Winter Vacation - Winter Vacation - Winter Vacation - Winter Vacation - Winter Vacation					
Wed	4-Jan	<b>Fountain Valley</b>	<b>*Los Alamitos</b>	Var, JV, F	4:30pm
Wed	11-Jan	<b>Huntington Beach</b>	<b>*Los Alamitos</b>	Var, JV, F	4:00pm
Wed	11-Jan	Team Pictures @ 1:30 in wrestling room			
Fri-Sat	13-14 Jan	5 Counties	Fountain Valley	Var	10:00am
Sat	14-Jan	16 Team individual	Lakewood	FS A/B	9:00am
Tue	17-Jan	Newport Harbor	*Newport Harbor	Var, JV, F	4:30pm
Thu	26-Jan	Edison	*Edison	Var, JV, F	4:00pm
Sat	28-Jan	M.I.T.	Millikan	Var A/B	9:00am
Tue	31-Jan	Marina	*Marina	Var, JV, F	4:30pm
Sat	4-Feb	Sunset League Finals	*Huntington Beach	Var, JV, F	9:00am
Sat	11-Feb	CIF Dual Team Championships	South Hills High School	Var	10:00am
Fri-Sat	Feb 17,18	CIF Individual Championships	Roosevelt (Corona)	Var	10:00am
Fri-Sat	Feb 24,25	Masters	Temecula Valley H.S.	Var	9:00am
Fri-Sat	Mar 2,3	State Championships	Rabobank Arena-Bakersfield	Var	8:00am

\* Denotes start time of wrestling. Weigh-ins are 2 hours before a tournament and 1 hour before a dual match