

OCTOBER 20, 2011

Amiot	Taylor	b	635	6:40	6:40	6:40
Fatten	Katelyn	b	615	6:14	6:04	6:09
Garcia	Anthony	b	600	_____	_____	_____
Garside	Lisa	b	615	6:16	6:06	6:06
Graham	Kimberli	b	655	_____	_____	_____
Gutierrez	Iveth	b	615	6:17	6:18	6:29
Gutzmann	Parker	b	610	6:01	6:04	6:07
Gutzmann	Brendan	b	610	6:59 5:59	5:54	5:53
Hernandez	Vincent	b	545	_____	_____	_____
Jaramillo	Emma	b	605	6:15	6:01	6:09
Koontz	Garrett	b	605	6:00	6:04	6:09
Martinez	Aimee	b	645	6:30	6:32	6:37
Mihalik	Dillon	b	620	6:54	5:45	5:38
Penaloza	Gabriel	b	605	6:10	6:10	6:18
Penate	Gabriel	b	620	6:57 6:57	6:16	6:06
Phalen	Rolando	b	555	_____	_____	_____
Porter	Bayleigh	b	625	6:36	X	X
Pungeaw	Tim	b	550	5:48	5:45	5:40
Ramirez	Carlos	b	600	5:47	5:45	5:38
Rasmussen	Ryan	b	550	5:48	5:45	5:45
Rosales	Jake	b	550	5:59	5:51	5:49
Saucedo	Savannah	b	650	6:40	6:47	1/2
Seckinger	Dalton	b	540	_____	_____	_____
Serna	Cecilia	b	640	_____	_____	_____
Sherman	Morgan	b	710	_____	_____	_____
Soholt	Lauren	b	650	6:40	6:47	6:48
Suarez	Sabrina	b	655	6:04	6:16	X
Valenciano	Tristan	b	605	6:02	6:04	6:07
Villanueva	Seth	b	600	6:01	6:08	5:46
Werley	Raelyn	b	550	5:48	5:45	5:40

3:00
REST

ON
TRACK

Rosales Rachel
Aguirre Ryan

6:40 6:40 6:40
5:57 X X

3-5 x mile at MV02 88% - ~~septemb~~

88%

OCTOBER 20, 2011

Berney	Trevor	a	535	525	523	523	
Berz	Brandon	a	520	527	519	515	
Casco	Joseph	a	525	520	506	458	
Cleland	Mitchel	a	535	543	540	549	
Elerts	Perry	a	518				
Enriquez	Jacob	a	550	546	547	544	
Gibeault	Ryan	a	535	534	531	528	
Goldie	Jordan	a	540	541	528	536	
McAbee	Ethan	a	540	534	531	536	
Meier	Nathan	a	525	527	526	535	
Parrish	Tyler	a	515	518	511	519	
Sanchez	Robert	a	540	531	530	523	
Schupp	Adam	a	520	527	519	515	
Templeton	Weston	a	530	534	531	545	
Tompkins	Joey	a	540 505	544	543	543	
Torres	Nathan	a	507	515	506	453	
Torres	Jonathan	a	540	531	530	535	

3:00 REST
ON THE
TRACK

Selinger Dalton
Hernandez Vince

531 531 525
533 531 535