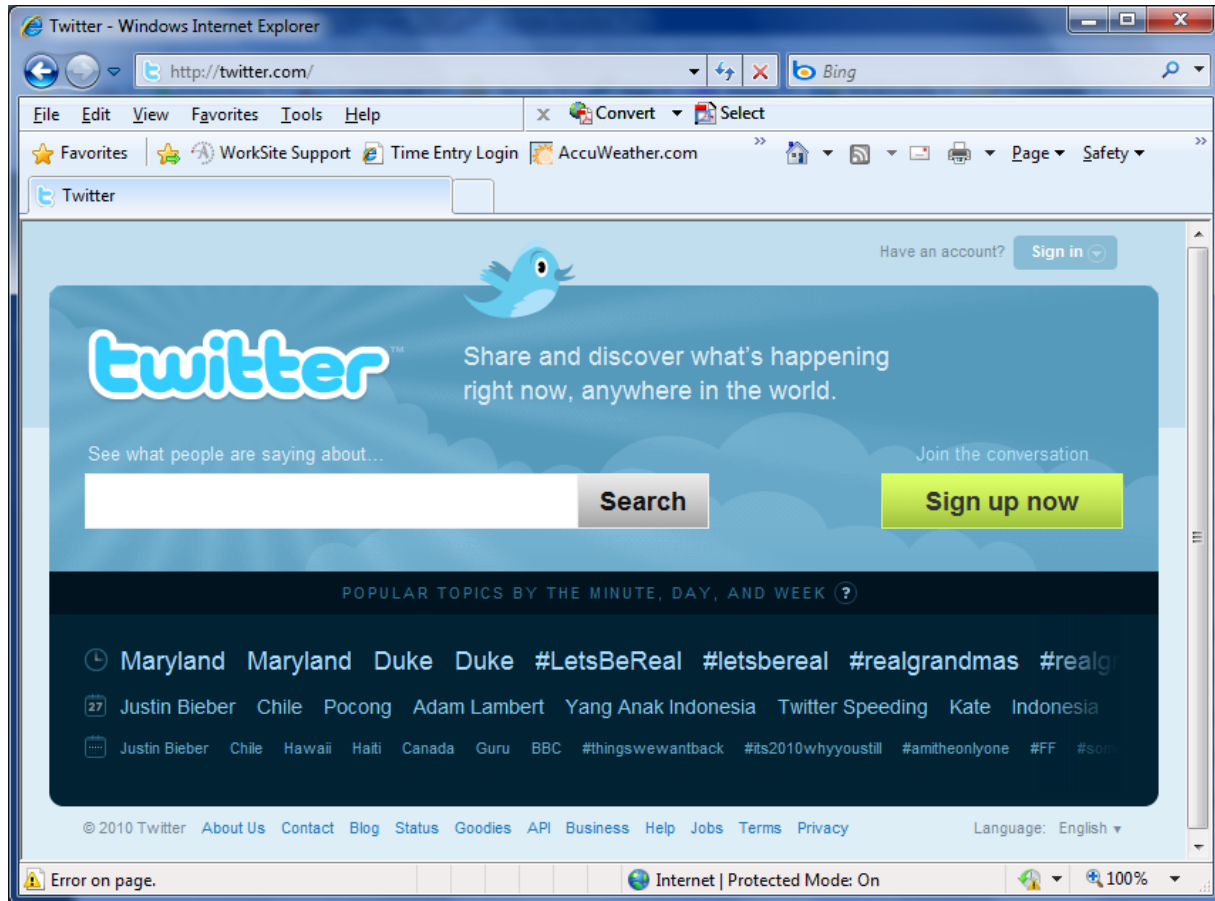


How to sign up for Twitter

1. Using Internet Explorer, browse to <http://www.twitter.com>



2. Click on "Sign up now".
3. Fill in the form and then click "Create my account".
4. Click on the Twitter logo at the top to skip the other screens.
5. Click on Settings.
6. Click on Mobile.
7. Enter your mobile phone number.
8. Click on Start.
9. Go into your email and find the email from Twitter requesting that you confirm your account.
10. Click on the link in the email to confirm your account.
11. Go to www.jacksonrollerhockey.com.
12. In the Twitter Feed box on the right, click on the "Join the conversation" option at the bottom.
13. On the Twitter – JRHL page, click the "Follow" button. You will now receive all JRHL Twitter updates on your cell phone.