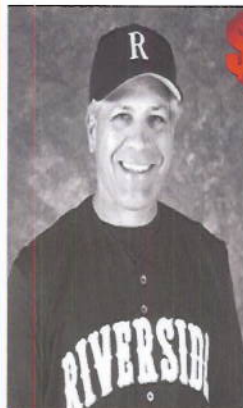


Riverside CC Baseball

R Fall Clinics R

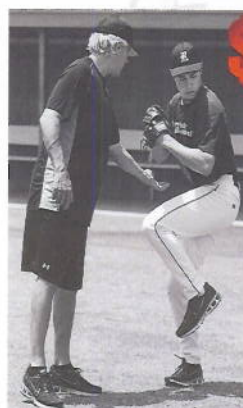
A GREAT WAY TO HELP YOUR LEAGUE FUNDRAISE & GET READY FOR THE UPCOMING SEASON!!!



HITTING CLINIC

**SUNDAY OCT 18, 2009
9:30AM-12PM**

**VIDEO SESSIONS
INDIVIDUAL EVALUATIONS
HITTING MECHANICS
TEE WORK
MECHANICAL BREAKDOWN
PRACTICE ROUTINE
5:1 PLAYER TO COACH RATIO
COST \$30.00**



PITCHING CLINIC

**SUNDAY NOV 8, 2009
9:30AM-12PM**

**VIDEO SESSIONS
INDIVIDUAL EVALUATIONS
TUBING ROUTINE
MOUND WORK
THROWING PROGRAM
DRY WORK
5:1 PLAYER TO COACH RATIO
COST \$30.00**

SIGN UP FOR BOTH = \$55.00

***** AGES 6-18*****

DIRECTED BY: DENNIS ROGERS AND THE RCC COACHING STAFF

GIVING BACK

SIGN UP FOR THESE CAMPS THROUGH YOUR LITTLE LEAGUE AND RCC WILL CONTRIBUTE A PORTION OF EACH ENTRY BACK TO YOUR LITTLE LEAGUE TO HELP FUNDRAISE!!!

CAMP GOALS & OBJECTIVES

THE RCC BASEBALL CAMP IS DESIGNED TO HELP EACH PARTICIPANT IMPROVE THEIR INDIVIDUAL SKILLS AND HELP GAIN A BETTER UNDERSTANDING OF THE GAME OF BASEBALL IN A MOTIVATING AND STIMULATING ENVIRONMENT.

**FOR MORE INFORMATION EMAIL: DENNIS.ROGERS@RCC.EDU
OR PLEASE CALL (951) 222-8333**

MAKE CHECKS PAYABLE TO: RCC BASEBALL

MAIL TO: DENNIS ROGERS / RCC BASEBALL - 4800 MAGNOLIA AVE, RIVERSIDE CA 92506

NAME(S): _____ AGE: _____ DOB: ____ / ____ / ____

ADDRESS: _____ EMAIL: _____

NAME OF PARENT / GUARDIAN: _____

HOME #: _____ CELL #: _____ WORK: _____

I hereby authorize the staff of the RCC Baseball Holiday Camp to act for me according to their best judgment in any emergency requiring medical attention, and I hereby waive and release the Staff from any and all liability for any injury or illness incurred while at this camp. I have no knowledge of any physical impairment that would be affected by the above named camper's participation in the camp program, as outlined in this flier. I also understand the Camp retains the right to use for publicity and advertising, photographs of campers taken at camp.

PARENT / GUARDIAN SIGNATURE: _____ DATE: _____