

Cavalier Wrestling Club
Summer Training Program

Dates: June 2nd - July 30th
5:30-7pm Tuesday and Thursday

Location: Century High School Wrestling Room

Cost: \$ 300.00

Staff:

Bryan Hamper: 2x State Champion at South Carroll High School, High School All American, Current Head Coach at South Carroll High School

Andrew Winfield: State Champion at South Carroll High School, NCAA All American. Current Assistant Coach at South Carroll High School

Structure:

40 Wrestlers maximum
Junior League and High school
Individualized training
Technique sessions and live wrestling

To reserve your spot for the summer training program, please contact:

Bryan Hamper 443 398 0951, xrfighting@yahoo.com or

Andrew Winfield 410 596 4116, ajw1117@yahoo.com