West Road's 2nd Annual Shamrock Shuffle 5k & Fun Run & Walk March 24th 2012

1st 100 kids received a cotton T-Shirt and 1st 75 adults receive free wick-away shirt.
Door Prizes & Awards for Paid Walkers & Runners
High School Team Competition for a Pizza Party up to 20 people

Registration: Runners can pre-register by mailing registration (post-marked by Mar. 19) to West Road Elementary PTO (8596 Westmoreland Road, Whitesboro, NY 13492) or day of race with cash or a check. Race-Day registration – 7:30 am – 8:30 am – West Road Elementary PTO 8596 Westmoreland Road, Whitesboro.

Registration Online: Register online at the following address: **http://www.active.com/event_detail.cfm?event_id=1993365**
Number Pick-Up: Friday March 23rd from 4:30pm – 6:30pm and Saturday March 24th from at 7:30am – 8:30am at West Road Elementary
Awards & Post Race: Awards Ceremony following the conclusion of the 5K Run for Paid 5k winners and Walkers.

- 8:00 am – 11:00 am refreshments and door prizes
- $50.00 to each top Male and Female 5K Winner. According to the rules of scholastic sports, high school students are not able to receive cash prizes. Their place in the standings will be duly recognized
- Awards to top 3 runners for each Male and Female 5K Division (0-10,11-19, 20-29, 30-39,40-49, 50-59,60+). No Duplicate winners.
- Awards to the top 3 walkers.
- Award to a West Road Elementary Teacher for most class participation
- High School Team Competition (Please contact the race director for rules & qualifications)

1.CHECK THE EVENT YOU ARE ENTERING

	5K ROAD RACE (Student) 9:00am	**$15.00**
	5K ROAD RACE (Non Student) 9:00am	**$20.00**
	5K ROAD RACE (West Road Student) 9:00am	**Free**
	WALK (Student) *8:45am*	**$15.00**
	WALK (Non Student) *8:45am*	**$20.00**
	WALK (West Road Student) *8:45am*	**Free**
	KID'S FUN RUNS ¼ Mile & 1 MILE *–(Recommended Ages 4-12) 8:30am*	**Free**
	Registration after 03/19/2012 - 5K Road Race	**$25.00**
	Registration after 03/19/2012 - Walk	**$25.00**

Cash or check: Pre-registration can be made out and sent to: West Road Elementary PTO, 8596 Westmoreland Road, Whitesboro, NY 13492

2.RUNNERS LAST NAME **3.RUNNERS FIRST NAME**

4.STREET ADDRESS

5.CITY **6.STATE** **7.ZIP CODE**

8.HOME NUMBER **9.CELL NUMBER**

10.EMAIL ADDRESS

11.SEX **12.AGE –*On March 24th 2012***

M **F**

13.SCHOOL TEAM CHALLENGE: Name of School & Team_____
14.WEST ROAD STUDENT TEACHER NAME: _____
15.T-shirt Sizes (size youth (Y) or adults (A)):
_____ YS _____ YM _____ YL _____ AS _____ AM _____ AL _____ AXL

Waiver: *In consideration of the acceptance of this application by the West Road Elementary PTO, I the undersigned, intending to be legally bound and hereby, for myself, my underage children, my heirs, executors, administrators, and assign, waive and release all rights and claims for damages I may have against the Whitesboro Central School District, race organizers, race sponsors, the Village of Whitesboro, Town of Whitestown, and Oneida County, and their representatives and successors of any or all injuries suffered by me or my family members running in the run to be held in the Town of Whitestown on March 24th, 2012. I verify that I am physically fit, along with my family members (if applicable), and I/we have trained sufficiently for the completion of this race. I understand that participation in road racing events carry with it inherent risks. I also grant permission for the use of photos of myself and my family to be used for West Road's PTO promotional use or by the media.*
Race Regulations: *Run regulations prohibit the use of the baby strollers/joggers or similar wheeled devices, headphones, roller blades, skates, bicycles, and running with animals.*
Signature: _____
Signature of Parent/Guardian of runners under 18:_____

Children under the age of 18 must be accompanied by a Parent/Guardian during this event

Questions: *Race Director, Ryan Misencik (315) 768 2390 or bryan_lakes23@yahoo.com*
Any proceeds realized by West Road PTO go directly to West Road Elementary Events & field trips!
Runners Bibs Provided byRoadID