

## **The Staff**

**Nate Leaman**, Head Coach, Union College

- Former Assistant Coach, Harvard University
- Asst Coach, University of Maine, 1998-99 National Champions
- Former forward and captain at SUNY- Cortland

**Rick Bennett**, Assc. Coach, Union College

- Former Asst Coach, Providence College
- 4-year letter-winner, Providence College, Hobey Baker Award finalist
- New York Rangers, NHL, 10 Year Pro Hockey Career

**Ben Barr**, Assistant Coach, Union College

- Four Year Letter Winner & Captain RPI
- Former Coach CD Selects AAA Pee Wee Hockey Team
- USA Hockey National Champion (1999) Shattuck-St. Mary's School

Various current and former Union College hockey players will assist with on and off-ice activities.

## **Facilities**

Beautiful Messa Rink at Achilles Center, home of the Union College Dutchmen, boasts ample space for off-ice activities along with the surrounding, state of the art athletic facilities on the scenic Union College campus

## **Dates:**

Aug. 17, 2009- Aug 21, 2009 (Both groups)

## **Groups**

*Based on the level of the participant for the **2009-10** hockey season*

### Group 1

Mites (6-8 yrs) + Squirts (9-10yrs)  
Drop-off 8:30 am, pick-up 3:00 pm

### Group 2

Pee-Wee (11-12 yrs), Bantams (13-15 Yrs)  
Drop-off 10:00 am, pick-up 4:45 pm

## **Training Features**

- Daily power skating work with edge work and stride mechanics
- Small area games teaching use of body and skills in tight spaces
- Station work for small coach /player ratio, grouped by skill level
- Off-ice activities, including video sessions and dry-land training
- 3 hours on ice daily

## **Price**

Per Camper \$330  
\$25 discount per additional participant in family.

## **Team Discount**

For teams that register as a team of 10 or more players, each participant receives a \$10 discount.

## **All Campers**

- Lunch at campus dining halls will be served daily, buffet style, with multiple choices.
- Receive camp jersey
- All-day supervision by professional staff
- 3 hours on-ice each day

## **Registration:** *(please complete both sides)*

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ St. \_\_\_\_\_ Zip \_\_\_\_\_

Phone-1 \_\_\_\_\_ Phone-2 \_\_\_\_\_

E-mail \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Age \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Yrs. Experience \_\_\_\_\_

Name of Parent(s) or Guardian(s)  
\_\_\_\_\_

Position *(circle one)* for def goal

08-09 Team \_\_\_\_\_

Jersey size \_\_\_\_\_

*Please Make Checks or Money Orders Payable to:*  
**Union College**

*Return Application to:*  
**Union College Hockey Academy**  
**Achilles Center**  
**Schenectady, NY 12308**

UNION COLLEGE ATHLETIC DEPARTMENT  
SKATING PROGRAM WAIVER

**NOTE: THIS FORM MUST BE READ AND SIGNED BEFORE THE PARTICIPANT IS ALLOWED TO TAKE PART IN ANY TRAINING, COMPETITION, MEETING OR TESTING SESSIONS. BY SIGNING THIS FORM, THE PARTICIPANT AFFIRMS HAVING READ IT.**

(Please Print) Participants Name: \_\_\_\_\_

SPONSORING ORGANIZATION: **Union College Athletic Dept.**  
IN CONSIDERATION of my involvement in the sport and activities under the auspices of this Union College Athletic Department sponsoring event at Union College, I acknowledge, appreciate and agree that:

1. I RISK BODILY INJURY, INCLUDING PARALYSIS, DISMEMBERMENT and DEATH, while particular rules of my sport, equipment, and personal training and discipline may reduce this risk, THE RISK OF INJURY DOES EXIST, AS THE RISK OF DAMAGE TO OR LOSS OF PROPERTY;

2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS; both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASES OR OTHERS;

3. I willingly agree to comply with the stated and customary terms and conditions for participation. If, however, I observe any unusual or unnecessary hazard during my presence or participation, I will bring such to the attention of the nearest official immediately and,

4. I, FOR MYSELF, AND ON BEHALF OF MY HEIRS, ASSIGNS PERSONAL REPRESENTATIVES, and NEXT OF KIN, HEREBY RELEASE, HOLD HARMLESS AND PROMISE NOT TO SUE UNION COLLEGE, AND THE UNION COLLEGE ATHLETIC DEPARTMENT OR OTHER SPONSORING DIVISIONS, THEIR OFFICERS, VOLUNTEERS, STAFF, THEIR SPONSORS, AND/OR AGENTS, ("RELEASES") WITH RESPECT TO ANY AND ALL INJURY AND LOSS ARISING FROM MY PARTICIPATION, WHETHER CAUSED BY THE NEGLIGENCE OF THE RELEASES OR OTHERWISE, EXCEPT THAT WHICH IS THE RESULT OF GROSS NEGLIGENCE OR WANTON MISCONDUCT.

Please list any allergies you son/daughter has: \_\_\_\_\_

This is to certify that I as parent/guardian with legal responsibility for this participant, do consent and agree not only to his/her release, but also for myself/ourselves, and my/our heirs, assigns and next of kin to release and identify the Releases from any and all Liability incidents to my/our minor child's involvement as stated above.

Parent/Guardian Signature \_\_\_\_\_

Relationship: \_\_\_\_\_

Parent/Guardian Name (Please print): \_\_\_\_\_

Date Signed: \_\_\_\_\_

Messa Rink At Achilles  
Center Union College  
Schenectady, NY 12308

2420-8412

2009

UNION  
COLLEGE



HOCKEY  
ACADEMY

August 17-21, 2009

Daytime instructional camps for  
hockey players age 6-15.

Messa Rink at Achilles Center  
Union College  
Schenectady, NY 12308  
(518) 388-6504  
bennette@union.edu