

Indoor Facility

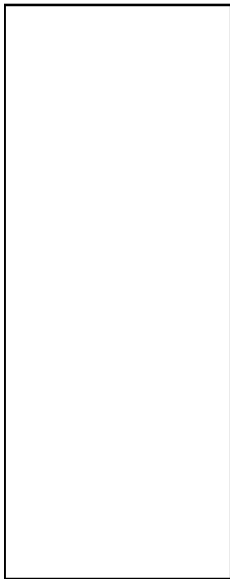
Home Plate will be opening it's facility in December 08 and to commemorate this event will be hosting a coaches clinic in hopes of annually bringing well recognized fastpitch leaders into our community to educate our coaches and players in the area of fastpitch softball. To find out more information about the 12,000 sq ft facility including detailed directions visit www.homeplatesoftball.net.

Directions

From I-71 take I-275 East to Milford Parkway Exit #59B - bare right off the exit ramp onto Milford Pwky. At the second traffic light turn right on US Route 50. Home Plate Softball Training Facility is .2 mile on the right before the I-275 overpass. Additional directions are available at www.homeplatesoftball.net/contact.

Sponsors

- Larosas is Providing Lunch
- Dick's Sporting Goods Providing demo equipment and vendor booth
- Private Sponsor Monetary Donation



COACHES CLINIC WITH CINDY BRISTOW

Home Plate Softball Training Facility Is Hosting It's First Coaches Clinic Featuring Softball Excellence's Founder Cindy Bristow From Clearwater Florida



Hands-On Coaches Clinic

Date: Sat. Jan 31, 2009

Time: 9:00 AM-5:00 PM

Home Plate Softball Training Facility opening in December of 2008 is located in Milford, Ohio next to Expressway Park

About the Clinician

Cindy Bristow....

Cindy has been involved in virtually every facet of softball throughout her 30 plus year career in the sport.

PLAYER

- * Pitched and played 1st base collegiately at Cal Poly Pomona where she earned All-American honors
- * Played professionally for the Santa Ana Lionettes

COACH

- * Assistant Coach at Arizona State
- * Head Coach at New Mexico State
- * Head Coach at Wichita State
- * Head Coach and Assistant General Manager of the Georgia Pride who later became the Florida Wahoos in the Women's Professional Softball League

LEADER

- * President of the National Softball Coaches Association
- * National Director of Junior Olympic Softball for the Amateur Softball Association
- * Director of National Teams and Coaching Development for USA Softball
- * Director of Development for the International Softball Federation (ISF) - the world governing body for the sport of softball, including the Olympics

EDUCATOR

- * Authored 8 softball instructional books
- * Produced 14 instructional video tapes on Softball
- * Featured speaker at hundreds of softball clinics both in the US and abroad
- * Organized and Leader of numerous softball clinics
- * Cindy is also a color analyst for ESPN's college softball coverage

....continued

ACCOMPLISHMENTS

- * Inducted into the National Fastpitch Coaches Association Hall of Fame
- * Helped guide the selection of the US's first-ever Olympic Softball team that won a Gold Medal in the 1996 Olympic Games
- * Coordinated the Greek Olympic Softball Team's creation and first-ever appearance in an Olympic Games
- * Has worked with 3 different Olympic Softball Teams; USA, Greek and Chinese
- * Led the Florida Wahoos to a WPSL championship
- * Awarded WPSL Coach of the Year
- * Traveled the world to help increase the level of softball coaching and play on a global level while working with the ISF's 125+ member countries

CLINIC CONTENT

Hitting—How to Make it Easier for Your Players to Hit

- * The mechanics of hitting, bunting and slapping
- * The difference between Linear and Rotational
- * Common Problems & Corrections
- * Drills, drills, drills

Fielding

- * Infield Drills (groundball drills)
- * Outfield Drills (flyball drills)

Defensive Coverage

- * What defenses to use against 1st & 3rds, bunts, running slappers, tie-breakers and steals
- * Understanding all of the defensive strategy options

How To Setup Practices For Success

- * Sample practices for 2 days a week
- * Practice drills
- * Taking practice into games

Mental Strength

- * Methods for increasing your players focus, concentration, consistency, competitiveness
- * How to coach the female athlete

CLINIC REGISTRATION

Limited to 60 Coaches

	Time	Price
<input type="checkbox"/> Hands-On Coaches Clinic	9am-5pm	\$75.00
<input type="checkbox"/> Discounted price if 3 or more from one organization attends	9am-5pm	\$65.00
<input type="checkbox"/> Lunch is provided	12:00pm	\$00.00
Total Enclosed		_____

Name of Coach and Organization

Address

Phone

Make Checks Payable To:
Home Plate Softball Training Facility

Method of Payment

- Check
- Cash
- Visa
- MasterCard

Credit Card #

Exp. date

Signature

Home Plate Softball Training Facility

Questions Call

Sandy Parr: 1-877-488-HITS

Send Payment & Registration Form To:

Sandy Parr
610 Woodland View Drive
Cincinnati, Ohio 45244

www.homeplatesoftball.net

sandy@homeplatesoftball.net