

2012 CPAL "1A" Divisional Championships Meet Information

Meet Date: Saturday, February 25, 2012 **Location:** Shippensburg High School
Warm-ups: 7:15am (10 & unders) **Meet Start:** 9:00am (10 & unders)
11:45am (11 & overs) 1:30pm (11 & overs)
Eligibility: Attendance at 3 CPAL dual meets **Entry Deadline:** Friday, Feb. 17, 2012

Information: Swimmers who compete in three (3) dual meets are automatically eligible to participate in the postseason competition. The meet is being hosted by SAC on Saturday, February 25 at Shippensburg High School.

The meet will be split into two (2) sessions. Swimmers competing in the 8 & under and 9-10 age groups will warm up at 7:15am with a 9:00am meet start. Swimmers competing in the 11-12, 13-14, and 15 & over age groups will warm up at 11:45am with a 1:30pm meet start.

The next page of this packet contains the athlete entry form that needs to be submitted to Coach Jeff's folder **no later than Friday, February 17, 2012**. Swimmers are permitted to compete in a maximum of three (3) events at divisionals. Swimmers will be asked to select three **individual** events in rank order, meaning the event they wish to swim the most will be listed first, the second most desirable in the #2 slot, and so on. Only individual events should be listed on the entry forms. If the coaches see an event that would better suit an athlete, they will communicate this with the family of the swimmer.

DO NOT LIST RELAYS ON YOUR ENTRY FORM!!! The coaching staff will select relays based on the relay's best opportunity of advancing through to the All-Star Championships. Swimmers selected for a relay will be scratched from their #3 listed event to maintain the 3 event maximum. Per Central Penn Aquatic League (CPAL) postseason guidelines, **LATE ENTRIES WILL NOT BE ACCEPTED!!!**

All-Stars: The CPAL swim league is split into four (4) divisions, each with their own divisional meet the same day as ours. The top 16 individual swims from the four (4) combined divisional meets will advance to the CPAL All-Star Championships the following day, Sunday, February 26. The top 8 relays from the four (4) combined divisional meet results advance to All-Stars. Swimmers and families will be notified between 7-8pm on February 25 if they advanced to All-Stars via email and the website.

All-Stars will be held at the Cumberland Valley Natatorium with 10 & under swimmers competing in the morning session and 11 & over swimmers competing in the afternoon session. Warm-ups for the AM session will be at 7:45am and the PM session will warm-up at 11:45am.

By submitting a divisional entry form, swimmers are committing to participate and their families are committing to volunteer in Divisionals and All-Stars, if they advance.

Questions?: Email Coach Jeff at jk2979@yahoo.com.

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Meet Entry Form**

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Please complete the required information below and place this entry form in Coach Jeff's folder by **Friday, February 17**. Swimmers are asked to select three (3) individual events in rank order of importance. **DO NOT LIST RELAYS**. Swimmers selected for a relay by the coaching staff will be scratched from their #3 listed individual event below. Submitting this form confirms your commitment to competing in divisional and all-stars, if you advance. Contact Coach Jeff with any questions.

Swimmer Name: _____

Event #1: _____

Event #2: _____

Event #3: _____

Swimmer Name: _____

Event #1: _____

Event #2: _____

Event #3: _____

Swimmer Name: _____

Event #1: _____

Event #2: _____

Event #3: _____