



# GoodHealth *in Action*

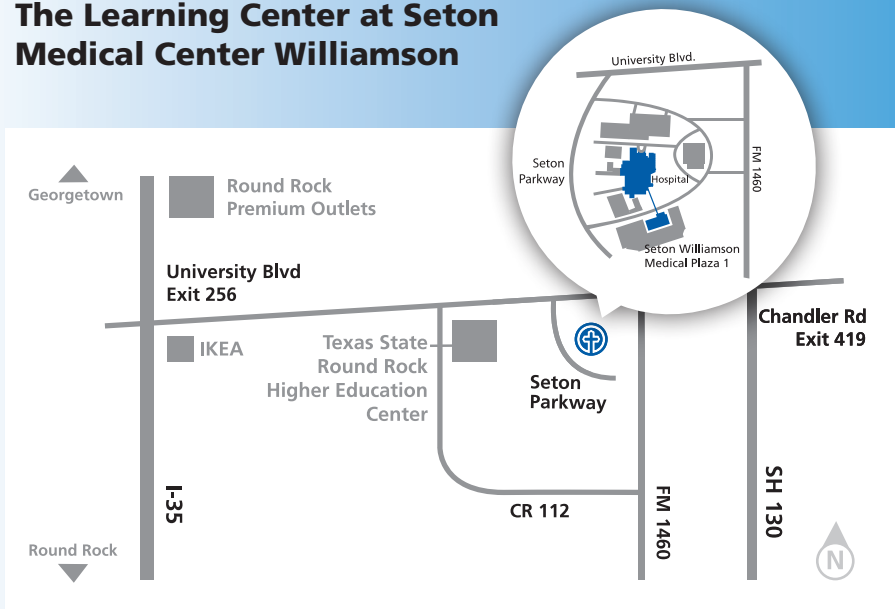
## Seminar #1: Knee Injury Prevention & Treatment

Learn what you need to know to protect one of your most valuable assets in competitive sports. Presentation by Dr. Erik Bruce, Board Certified Orthopedic Surgeon and Sports Medicine Physician, followed by Q&A with Dr. Bruce and a staff Physical Therapist.

**January 26th, 2010**

**6:30 p.m.**

**The Learning Center at Seton  
Medical Center Williamson**



### **Seton Medical Center Williamson**

201 Seton Parkway • Round Rock, Texas 78665

The hospital is located two miles east of IH-35 at the intersection of University Boulevard and FM1460.



## Introducing GoodHealth In Action at Seton Medical Center Williamson!

- FREE Quarterly Seminar Series
- Open to competitive athletes of all ages, trainers, coaches and parents
- Promotes a holistic approach to optimizing athletic performance



**Seton  
Medical Center  
Williamson**

A member of the  
Seton Family of Hospitals

GUIDED BY EXPERIENCE

[seton.net](http://seton.net)

**For more information,  
contact our Community Outreach  
Department at (512) 324-4804.**