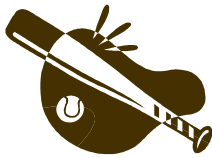




LITTLE LEAGUE SOFTBALL 2010 Equipment Guidelines

Before purchasing equipment for your son or daughter to use in playing Little League Baseball, please review the following guidelines taken from the rule cited in the Little League rulebook.

Bats (Rule 1.10)



Little League (Majors and below) – The bat must be a softball bat. The bat shall not be more than 33” in length nor more than 2 ¼” in diameter. All non-wood bats shall be printed with a BPF (bat performance factor) of 1.15 or less (new in 2009).

Glove or Mitt (Rule 1.12 - 1.15)



The catcher must wear a mitt of any shape, size or weight consistent with protecting the hand. This may be a first baseman’s mitt or a fielder glove.

The first baseman may wear a glove or mitt. No top lacing, webbing or other device between the thumb and the body of the glove shall be more than 5” in length.

Each fielder other than the first baseman and catcher shall wear a glove. No top lacing, webbing or other device between the thumb and the body of the glove shall be more than 5” in length.

The pitcher’s glove shall be of one solid uniform color other than white or gray, or optic yellow, or if multi-colored, white or light grey shall not be included in the colors. No pitcher shall wear sweat bands on their wrist or arm.

Helmets (Rule 1.16)



All helmets must bear the NOCSAE stamp. Helmets may not be repainted and may not contain tape or re-applied or new decals. Label your child’s helmet by using a Sharpie type pen.

Catcher’s Equipment (Rule 1.12 and 1.17)



Female catchers must wear a long or short model chest protector. All catchers must wear: chest protector with a neck collar, throat guard, shin guards, and catcher’s helmet with mask. The catcher’s helmet must bear the NOCSAE stamp (skull caps are not permitted). All catchers must wear a “dangling” type throat guard during infield / outfield practice, pitcher warm-up, and games. Dangling means the throat guard will still hang down and protect the throat when the catcher is looking straight up.

Miscellaneous (Rule 1.11)



Shoes with molded cleats are permitted at all levels. Junior League may wear metal cleats.

Players must not wear watches, bracelets, rings, pins, and jewelry (metallic or non-metallic). Jewelry that alerts medical personnel to a specific condition is permitted.