

3 Different Courses

LONG COURSE:

(14 yr. old and up)

SWIM – 400 yds

BIKE – 15 miles

RUN – 3 miles

SHORT COURSE:

(14 yr. old and up)

SWIM – 200 yds

BIKE – 10 miles

RUN – 1 ½ miles

YOUTH COURSE:

(6-13 yr. old)

SWIM – 40 yds

BIKE – 1 ½ miles

RUN – ½ mile

*Medals for all youth race participants

Questions Contact:

Kerry Malczewski

920.836.3705

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Mighty Wolf

Triathlon



Saturday, June 26th

**Marble Park
Winneconne, WI**

Swim • Bike • Run



Kerry Malczewski
C/O Winneconne Booster Club
7133 Fahley Rd.
Oshkosh, WI 54904

MIGHTY WOLF TRIATHLON

Saturday, June 26th

8:15 @ Marble Park
Winneconne, WI



Age Divisions:

A: 16 and under	F: 43-49
B: 17-21	G: 50-57
C: 22-28	H: 58-64
D: 29-35	I: 65-72
E: 36-42	J: 73 and above

Awards for top 3 in each division!

Comments:

- Youth will run first at 8:15, followed by the short and long course race
- Bike: Helmet required
- No personal listening devices
- Swim: Life jacket or belt allowed
- Swim: Manmade lake with safety people
- Bike: Route mainly flat
- Run: Water station available
- A map of the course will be posted at the Beach house by June 12th

Benefits the Winneconne High School Booster Club

Name _____
(Please Print)

Address _____

State _____ Zip _____

Phone (_____) - _____ - _____

E-Mail _____

Male Female Age on 6/26/10

T-shirt (select one)
CM S M L XL 2X

Course # (Select one)

- #1-Youth course (6-13 yr.)
- #2-Short course (14 yr. and up)
- #3-Long course (14 yr. and up)

Sign and return consent/waiver form

I know that a triathlon competition is a potentially hazardous activity. I assume all risks associated with competing in this event including, but not limited to: falls, contact with other participants, contact with volunteers, contact with spectators, weather effects including high heat and/or humidity, traffic and road conditions. I know and understand all such risks appreciated by me. Having read this waiver and knowing these facts, in consideration of your accepting my entry, I for anyone and myself entitled to act on my behalf, waive and release Winneconne Booster Club, Winneconne, Wis. and all sponsors from any liability for injuries incurred by oneself while participating in the Mighty Wolf Triathlon. I further provide that this consent and waiver applies to my heirs, executors and assignees. Participants under 18 must fill both lines below.

Participant _____ Date _____

Parent Signature _____ Date _____

Make checks payable to:

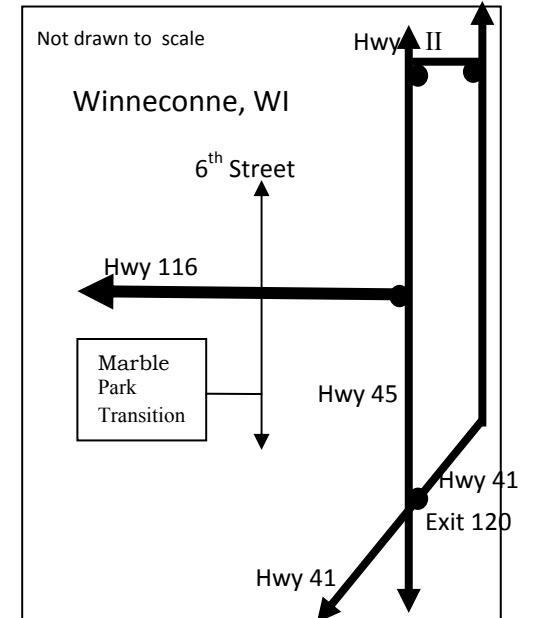
Mighty Wolf Triathlon

Send registration & waiver form to:

Mighty Wolf Triathlon
Kerry Malczewski
7133 Fahley Rd.
Oshkosh, WI 54904

OR register online at:

www.mightywolf.org



Entry Fees:

- Youth Course: **\$15**
- Long and Short Course before June 19th: **\$30**
- Long and Short Course after June 19th: **\$40**